

Talabooyinka loogu ta talagalay WIC-dada (Bogga 5)- eeg sawirka hoose

1. Isticmaal jeegyada WIC-dada oo kaliya waxaa laga ansixiyey dukaamada WIC.

② **Fiiri taariikhyada ku qoran jeegada WIC.** Taariikhda koowaad waa maalinta koowaad ee isticmaali karto jeega. Taariikhda labaad waa maalinta ugu dambeysa ee isticmaali karto jeega. Waxaad isticmaali kartaa lambar kasta oo jeegyada ah WIC hal mar inta lagu jiro taariikhyadan.

③ **Fiiri cuntooyinka ku qoran iyo qiimaha shay walba oo aad ku iibsano karo jeegaaga.** Tusaale ahaan, dhowr caag oo caano ah, baakadaha daqiiqa, ama caagadaha cabitaanka ku qoran halkaan aad ku gadan kartaa. Liiska cuntada ay ansixisay WIC waxay ka caawin doonaa inaad garato cuntooyinka aad iibsano karto.

4. **Kala saar cuntooyinka WIC ee miiska cuntooyinka kale ee ka gadaneyso.** Haddii aad isticmaalayso wax ka badan hal jeeg, kooxda cuntooyinka ee jeeg walba la socoda.

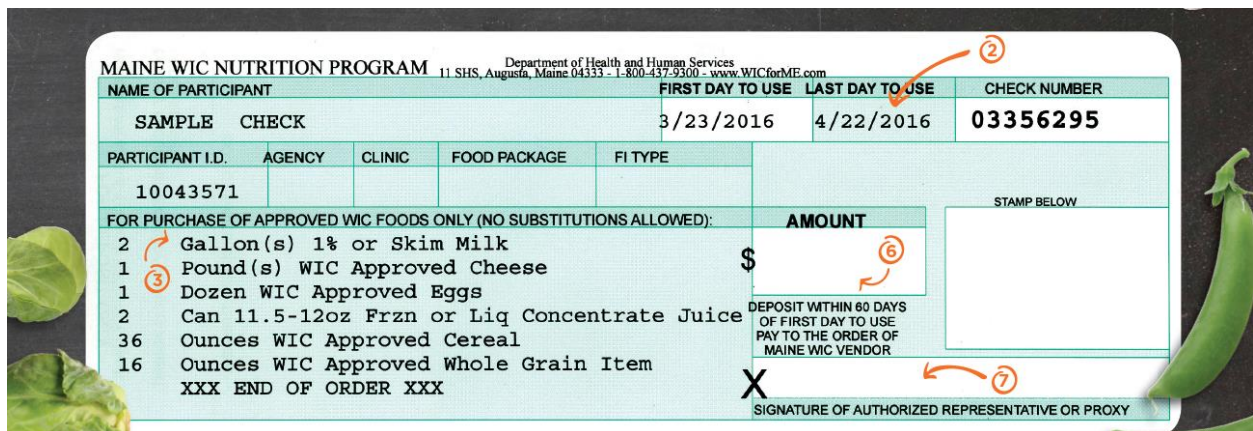
5 **Sii WIC galkaaga iyo jeegyada aad u isticmaalayso jeegyada qasnajiga ka hor shayda cuntada WIC inta la aan iskaanka la marinin.**

⑥ **Qor qiimaha cuntooyinka WIC qoran jeegga haddii aan si toos ah loogu daabicin diiwaanhayaha lacagta cadanka ah ee dukaanka.**

⑦ **Saxiix qeybta hore ee jeega ee geeska midig ee hoose kadib u sii jeega qasanijga.** Qasnajiga wuxuu hubin doonaa isku eekaanshaha saxiixa ee saxiixa wakiilka loo ogolyahay, ka qeybgalaha ama diiwaanka Galka WIC.

8. **Haddii aad iibsaday dhalo cabitaan ah, waxaad laga rabaa inaad bixiso debajiga dhalada, taas oo dhaladiiba ah shan senti.**

9. **Hubso inaad hesho galka iyo rasiidka ka hor inta aadan miiska laga tagin.**



MAINE WIC NUTRITION PROGRAM Department of Health and Human Services
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NAME OF PARTICIPANT		FIRST DAY TO USE	LAST DAY TO USE	CHECK NUMBER
SAMPLE	CHECK	3/23/2016	4/22/2016	03356295
PARTICIPANT I.D.	AGENCY	CLINIC	FOOD PACKAGE	FI TYPE
10043571				
FOR PURCHASE OF APPROVED WIC FOODS ONLY (NO SUBSTITUTIONS ALLOWED):				AMOUNT
2	Gallon(s) 1% or Skim Milk			\$
1	Pound(s) WIC Approved Cheese			
1	Dozen WIC Approved Eggs			
2	Can 11.5-12oz Frzn or Liq Concentrate Juice			
36	Ounces WIC Approved Cereal			
16	Ounces WIC Approved Whole Grain Item			
XXX END OF ORDER XXX				
				STAMP BELOW
				DEPOSIT WITHIN 60 DAYS OF FIRST DAY TO USE PAY TO THE ORDER OF MAINE WIC VENDOR
				X SIGNATURE OF AUTHORIZED REPRESENTATIVE OR PROXY